

# Osho Book of Secrets Meditations

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Below you will find links to recordings that were compiled for Meditation. These files have not been created for entertainment but specifically for use in meditation. And they are not intended to be used commercially in any way. They are approximately one hour in length. They are made up of Osho's spoken words and periods of silence and close with three bells. All of Osho's words are from the **The Book of Secrets** discourse series which vary in original recording quality. You can either play the files from here or download them by "right clicking" and choosing "save file as." Enjoy!

\* Best original recording quality

[Between Two Breaths \(Book of Secrets #3-1&2\) \\*](#)

[Whenever In-Breath and Out-Breath Fuse \(Book of Secrets #3-3\) \\*](#)

[Attention Between Eyebrows \(Book of Secrets #5-1\)](#)

[See Your Inner Being in Detail \(Book of Secrets #21-2\)](#)

[Remember You Are \(Book of Secrets #35-1\) \\*](#)

[Wherever Your Mind is Wandering \(Book of Secrets #39-2\) \\*](#)

[Feel- My Thought \(Book of Secrets #55-1\)](#)

[Before Desire and Before Knowing \(Book of Secrets #55-2\)](#)

[You Are Everywhere \(Book of Secrets #57-1\)](#)

[Thinking No Thing \(Book of Secrets #57-2\)](#)

[Contemplate Something Beyond Perception \(Book of Secrets #59-1\) \\*](#)

[Perceive One Being as Knower and Known \(Book of Secrets #61-1\)](#)

[Put Mindstuff in Such Inexpressible Fineness \(Book of Secrets #65-1\) \\*](#)

[He Remains in the Subjective Mood \(Book of Secrets #73-1\)](#)

[Each Particular Perception is Limited \(Book of Secrets #75-3\)](#)

[This Consciousness Exists as Each Being \(Book of Secrets #77-2\)](#)

[Suppose Your Passive Form to be an Empty Room \(Book of Secrets #79-1\)](#)

[Enter Space, Supportless, Eternal, Still \(Book of Secrets #79-4\)](#)

Source = <https://o-meditation.com/sangha-activities/osho-book-of-secrets-meditations/>